



Informal Sailing Sessions - 2010

Guidance Notes for the Coordinator

When will Informal Sailing sessions take place?

Subject to adequate support, informal sailing will be available each Tuesday evening from June until the end of August. Nominally, the sailing will take place from 6:30 to 8:00pm on Tuesdays. The clubhouse will open at least 30 minutes before sailing is to take place.

Aims of Sessions

- To provide an opportunity for members to improve their sailing skills in an informal atmosphere.
- To enable members to gain sufficient confidence to participate in club racing and cruising.
- To provide an opportunity for consolidation for those who have just completed training.
- To enable those trainees who have yet to complete their practical assessment to practice any outstanding items so they may successfully complete their course.

What will the Club provide?

- Coordinator
- Minimum of 4 volunteers to include patrol boat crew (2) and a tractor driver.
- Cadet Mentor, if available.
- Senior instructor, dinghy instructor and/or assistant instructor when required.
- Serviceable patrol boat, VHF radios and tractor
- Club dinghies (subject to normal booking requirements)

Encouragement/Reminders

The Cadet Mentor and the Training Secretary will encourage cadets and trainees respectively to attend these sessions. The Committee will encourage other participants. It will also, with the help of Coordinators, seek volunteers to help run the sessions.

Guidelines for the Coordinator

In the week before your session:

Ensure that sufficient, appropriately qualified, volunteers have 'signed up' to help

Prior to sailing:

Ensure wind speed is 15 knots or less (\leq Force 4)

Ensure at least three boats preparing to sail

Ensure that everyone sailing is entered onto the signing on sheet and a signed consent form is held for each cadet.

Brief tractor driver.

Brief patrol boat driver and crew; complete a radio check before launching; provide a boat count.

Oversee allocation/signing out of Club dinghies

Assist any adult members who require it to find help to rig or to sail

In the absence of the Cadet Mentor, with assistance of the Cadet Representative:

- (i) allocate boats/volunteer crew to the cadets.
- (ii) recommend an activity for cadets; set a course if required

During Sailing:

Keep a watch

Update boat count using VHF radio

Ensure patrol boat attends any boats in difficulty.

On completion:

Ensure all boats/sailors accounted for before patrol boat permitted to return ashore

Parents of cadets should be encouraged to help de-rig boats and stow equipment.